

# PANGASIUS FILLET (BASA)

## S P E C S H E E T

**Specie:**

Pangasius Hypophthalmus

**Sizing - Format:**

- 4 oz IQF ( 1 X 4,54 kg ) #19
- 5 oz IQF ( 1 X 4,54 kg ) #17
- 6 oz IQF ( 1 X 4,54 kg ) #20
- 7 oz IQF ( 1 X 4,54 kg ) #18
- 8 oz IQF ( 1 X 4,54 kg ) #21
- 8-10 oz L.P ( 1 X 4 kg ) #163
- 12-14 oz IQF ( 1 X 4,54 kg ) #16

**Origin:** Vietnam

**Fishing type:** Farm raised

**Processed in:** Vietnam

**Texture and Taste:** Semi-firm and sweet

**Features:**

- Skinless
- Boned
- IQF Product

**Ingredients:**

Pangasius, water and sodium tripolyphosphate (to retain moisture)

**Shelf life:**

- 24 months after freezing date
- Freezer: -18 C or less
- Fridge: 48 hours

**Do not refreeze thawed product**



<b>Valeur nutritive Nutrition Facts</b>	
Par filet (114 g) / Per fillet (114 g)	
<b>Calories 75</b>	% valeur quotidienne * % Daily Value*
<b>Lipides / Fat 2 g</b>	3 %
saturés / Saturated 0,9 g	5 %
+ trans / Trans 0 g	
<b>Glucides / Carbohydrate 0 g</b>	
Fibres / Fibre 0 g	0 %
Sucres / Sugars 0 g	0 %
<b>Protéines / Protein 14.2 g</b>	
<b>Cholestérol / Cholesterol 23.3 mg</b>	
<b>Sodium 232 mg</b>	10 %
Potassium 200 mg	12 %
Calcium 0 mg	0 %
Fer / Iron 0 mg	0 %

\* 5% ou moins c'est peu, 15% ou plus c'est beaucoup  
\* 5% or less is a little, 15% or more is a lot

