

# BREADED SALT AND PEPPER SQUID RINGS AND TENTACLES

### SPEC SHEET

#### Specie:

Loligo Gahi

#### Sizing - Format:

Raw breaded rings and tentacles (4 X 1.13 kg) #355

Origin: Falkland Island

Fishing type: Wild Caught

Processed in: China

**Texture and Taste:** Tender, slightly spicy

#### Features:

IQF Product 20% tentacles, 80% rings

#### Ingredients:

Squid, wheat flour, wheat gluten, distarch phosphate, raising agents (disodium dihydrogen pyrophosphate), guar gum, sodium hydrogen carbonate, starch, salt, garlic powder, onion powder, black pepper ground, flavor (enriched with niacin, iron, thiamine, riboflavin, folic acid), vegetable oil, sodium citrate, carbonate sodium, yeast, sugar

#### Shelf life:

24 months after freezing date

Freezer: -18 C or less Fridge: 48 hours

Do not refreeze thawed product



## Valeur nutritive Nutrition Facts

Par portion (100 g) Per portion (100 g)

Calories 250	% valeur quotidienne * % Daily Value*
Lipides / Fat 17.1 g	21 %
saturés / Saturated + trans / Trans 0.66	
Glucides / Carbohydrate 16 g	
Fibres / Fibre 2.44 g	1 %
Sucres / Sugars 0.8	5 g 0 %
Protéines / Protein 17 g	
Cholestérol / Cholesterol 0 mg	
Sodium 339 mg	12 %
Potassium 43.3 mg	
Calcium 20.3 mg	8 %
Fer / Iron 3.9 mg	12 %
* 5% ou moins c'est neu 15% ou plus c'est heaucoun	

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