

PANGASIOUS FILLET (BASA) WITHOUT ADDITIVES

S P E C S H E E T

Specie:

Pangasius Hypophthalmus

Sizing - Format:

4 oz IQF (1 X 4,54 kg) #320

Origin: Vietnam

Fishing type: Farm raised

Processed in: Vietnam

Texture and Taste: Semi-firm and sweet

Features:

Skinless

Boned

IQF Product

Ingredients:

Pangasius

Shelf life:

24 months after freezing date

Freezer: -18 C or less

Fridge: 48 hours

Do not refreeze thawed product



Valeur nutritive Nutrition Facts

Par filet (114 g) / Per fillet (114 g)

Calories 90	% valeur quotidienne *
	% Daily Value*
Lipides / Fat 2 g	3 %
saturés / Saturated 1 g	
+ trans / Trans 0 g	5 %
Glucides / Carbohydrate 0 g	
Fibres / Fibre 0 g	0 %
Sucres / Sugars 0 g	0 %
Protéines / Protein 18 g	
Cholestérol / Cholesterol 45 mg	
Sodium 25 mg	1 %
Potassium 370 mg	8 %
Calcium 0 mg	0 %
Fer / Iron 0.2 mg	2 %

* 5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**
* 5% or less is **a little**, 15% or more is **a lot**

