

PANGASIUS FILLET (BASA)

S P E C S H E E T

Specie:

Pangasius Hypophthalmus

Sizing - Format:

- 4 oz IQF (1 X 4,54 kg) #19
- 5 oz IQF (1 X 4,54 kg) #17
- 6 oz IQF (1 X 4,54 kg) #20
- 7 oz IQF (1 X 4,54 kg) #18
- 8 oz IQF (1 X 4,54 kg) #21
- 8-10 oz L.P (1 X 4 kg) #163
- 12-14 oz IQF (1 X 4,54 kg) #16

Origin: Vietnam

Fishing type: Farm raised

Processed in: Vietnam

Texture and Taste: Semi-firm and sweet

Features:

- Skinless
- Boned
- IQF Product

Ingredients:

Pangasius, water and sodium tripolyphos-phate (to retain moisture)

Contains / Allergens :

Fish

Shelf life:

24 months after freezing date
Freezer: -18 C or less
Fridge: 48 hours

Do not refreeze thawed product



Valeur nutritive Nutrition Facts	
Par filet (114 g) / Per fillet (114 g)	
Calories 75	% valeur quotidienne * % Daily Value*
Lipides / Fat 2 g	3 %
saturés / Saturated 0,9 g	5 %
+ trans / Trans 0 g	
Glucides / Carbohydrate 0 g	
Fibres / Fibre 0 g	0 %
Sucre / Sugars 0 g	0 %
Protéines / Protein 14.2 g	
Cholestérol / Cholesterol 23.3 mg	
Sodium 232 mg	10 %
Potassium 200 mg	12 %
Calcium 0 mg	0 %
Fer / Iron 0 mg	0 %

* 5% ou moins c'est peu, 15% ou plus c'est beaucoup
* 5% or less is a little, 15% or more is a lot

