

RETAIL BREADED SQUID RINGS

S P E C S H E E T

Specie:

Illex argentinus

Sizing - Format:

Pre-cooked breaded rings

(8 X 0,908 kg) #83

Pre-cooked breaded rings

(10 X 0,454 kg) #82

Origin: Pacific Ocean

Fishing type: Wild Caught

Processed in: China

Texture and Taste: Tender and sweet

Features:

Completely cleaned

White meat

Cook from frozen

Ready to use / oven ready

Uniform crispy breadcrumbs

Ingredients:

Upon request for processed product

Shelf life:

24 months after freezing date

Freezer: -18 C or less

Do not refreeze thawed product



Valeur nutritive Nutrition Facts	
Par portion (113 g) Per portion (113 g)	
Calories 100	% valeur quotidienne * % Daily Value*
Lipides / Fat 8,8 g	14 %
saturés / Saturated 0,8 g	1 %
+ trans / Trans 0 g	
Glucides / Carbohydrate 19 g	2 %
Fibres / Fibre 1 g	0 %
Sucres / Sugars 1 g	0 %
Protéines / Protein 18 g	
Cholestérol / Cholesterol 200 mg	
Sodium 435 mg	18 %
Potassium 0 mg	0 %
Calcium	8 %
Fer / Iron	6 %

* 5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**
* 5% or less is **a little**, 15% or more is **a lot**